

# Co-Parenting Plan

“Start with the **END** in mind” Stephen Covey

Our WHY:	We want what’s best for our kids
Affirmation:	We are a Team when it comes to our kids
Effective Date:	MM/DD/YYYY

Rules to always have in mind:	
<input type="checkbox"/>	Open and Clear Communication
<input type="checkbox"/>	Consistent and Predictable Schedules
<input type="checkbox"/>	Unified Parenting Approach
<input type="checkbox"/>	Respectful Communication and Conflict Resolution

# Current Schedule

Task	Challenges	Description
List any tasks here	Add the subjects you two don't see eye-to-eye on this particular task	What would it take to get to a common ground?
Discuss and establish a visiting schedule. Write it down and stick to it		
How would the two of you provide the financial support for the kids  Be specific, use percentages if you can		
What rules will they need to follow - they should be the same for both of Mom and Dad's house		
Establish a holiday schedule (e,g, half of the summer time with Mom, half with their Dad)		

# Checklist

To-do's	Done?
Agree on common rules and expectations	<input type="checkbox"/>
Inform on any changes in schedules or unexpected events and be willing to accommodate reasonable requests for changes in the schedule	<input type="checkbox"/>
Use respectful language, avoid blame, and focus on finding solutions rather than dwelling on problems	<input type="checkbox"/>
Don't let them use you against each other. There should be no discussions about: "What do you do at your Mom's house?"/"Dad/Mom said/did this wrong thing....."	<input type="checkbox"/>
Add more as needed	<input type="checkbox"/>